










**Chartwells School Dining Services at
Sterling Elementary**

Lunch Menu October 2 - November 3, 2017

Student Lunch K-6 \$2.25 Student Lunch 7-12 \$2.50 Reduced price \$0.40 Adult Lunch \$4.00

A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate. **Menu Subject to Change**

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Chicken Patty on a Bun Green Peas Baby Carrots Fresh Apple Chilled Pears	Hot Dog on a Bun Baked Beans Cucumber Coins Chilled Applesauce Orange Wedges	Chicken Nuggets Dinner Roll Crinkle Cut Fries Fresh Cauliflower & Peppers Mixed Fruit Fresh Clementines	 HOMEMADE Cheese Pizza Corn Tossed Salad Chilled Peaches Fresh Grapes	Popcorn Chicken Potato Smiles WG Dinner Roll Fresh Broccoli Baked Apple Slices Raisin
9	10	11	12	13
Classic Cheeseburger on a WG Bun Baked Beans Baby Carrots Fresh Apple Chilled Pears	Beef Taco Meat Tortilla Chips or Shell Cheese Sauce Refried Beans Shredded Lettuce Cucumber Coins Chilled Applesauce Orange Wedges	Ravioli Steamed Carrots WG Breadstick Parmesan Cheese Fresh Cauliflower & Peppers Mixed Fruit Fresh Clementines	French Toast Sticks Sausage Patty Hashbrown Patty Baked Apple Slices Fresh Broccoli 100% Fruit Juice	 HOMEMADE Pepperoni Pizza Corn Tossed Salad Chilled Peaches Fresh Grapes *HALF DAY*
16	17	18	19	20
Corn Dog Crinkle Cut Fries Baby Carrots Fresh Apple Chilled Pears	Chicken Tenders WG Dinner Roll Cheddar Cheese Broccoli Cucumber Coins Chilled Applesauce Orange Wedges	Macaroni & Cheese Soft Pretzel Green Peas Fresh Cauliflower & Peppers Mixed Fruit Fresh Clementines	 HOMEMADE Cheese Pizza Corn Tossed Salad Chilled Peaches Fresh Grapes	Sausage, Egg & Cheese on an English Muffin Hashbrown Patty Fresh Broccoli Baked Apple Slices Raisin
23	24	25	26	27
Ravioli Green Beans WG Breadstick Parmesan Cheese Baby Carrots Fresh Clementine Chilled Pears	Beef Taco Meat Tortilla Chips or Shell Cheese Sauce Refried Beans Shredded Lettuce Cucumber Coins Chilled Applesauce Orange Wedges	 APPLE CRUNCH DAY!! Grilled Cheese Sandwich on WG Bread Crinkle Cut Fries Fresh Cauliflower & Peppers Mixed Fruit Fresh Apple	 HOMEMADE Pepperoni Pizza Steamed Carrots Tossed Salad Chilled Peaches Fresh Grapes	Chicken Drumstick Mashed Potatoes Chicken Gravy Dinner Roll Fresh Broccoli Baked Apple Slices Raisin
30	31	1	2	3
Chicken Patty on a Bun Green Peas Baby Carrots Fresh Apple Chilled Pears	 HAPPY HALLOWEEN!! Halloweenies on a Bun BOO! Baked Beans Jack-O-Lantern Cucumber Coins Chilling Applesauce Spooky Orange Wedges	Chicken Nuggets Dinner Roll Crinkle Cut Fries Fresh Cauliflower & Peppers Mixed Fruit Fresh Clementines	 HOMEMADE Cheese Pizza Corn Tossed Salad Chilled Peaches Fresh Grapes	Ravioli Green Beans WG Breadstick Parmesan Cheese Fresh Broccoli Baked Apple Slices Raisin

Alternate Entree (offered every day of the week with daily vegetable and fruit offerings and choice of milk):

Peanut Butter & Jelly Sandwich & String Cheese

Please see our current Meal Charge Policy on the school website. Only 3 lunch charges are allowed before an alternate meal is offered. Staying current on your lunch account balance is greatly appreciated. Thank You.

Questions or Comments? Please call Krystal Hoernlein, Food Service Director at (989) 846-3686

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