



WHAT'S ON THE MENU?

Sterling Elementary Lunch

Dec. 10, 2018 - Jan. 18, 2019

WG= Whole Grain

Monday	Tuesday	Wednesday	Thursday	Friday
Dec. 10	Dec. 11	Dec. 12	Dec. 13	Dec. 14
Chicken Nuggets with WG Dinner Roll Mashed Potatoes and Gravy Carrots, Chilled Applesauce, Fresh Orange Wedges	Ravioli with Half Toasted Cheese Sandwich Steamed Broccoli w/Cheese Fresh Celery Sticks, Cauliflower, Fresh Apple Crunchers and Mixed Fruit	Macaroni and Cheese with Soft Warm Pretzel Peas Fresh Broccoli, Red Pepper Strips, Fresh Grapes and Chilled Pineapple	Mini Corn Dog Nuggets Oven FF Fresh Cucumber Coins, Cauliflower and Chilled Diced Pears and Banana	Pepperoni Pizza Green Beans Tossed Salad, Green Pepper Strips, Chilled Peaches, Fresh Pears Freezie Friday
Dec. 17	Dec. 18	Dec. 19	Dec. 20	Dec. 21
Chicken Tenders Baked Crinkle Cut French Fries Carrots, Chilled Applesauce, Fresh Orange Wedges	Meaty Nachos and Cheese Refried Beans, Salsa, Diced Tomatoes Corn Fresh Celery Sticks, Cauliflower, Fresh Apple Crunchers and Mixed Fruit	Beef Stroganoff with Pasta Corn Fresh Broccoli, Red Pepper Strips, Fresh Grapes and Chilled Pineapple	Cheese Pizza Peas Fresh Cucumber Coins, Cauliflower and Chilled Diced Pears and Banana	Homemade Chicken Noodle Soup with Half Toasted Cheese Tossed Salad, Green Pepper Strips, Chilled Peaches and Fresh Pears
Dec. 31	HAPPY NEW YEAR	Jan. 2	Jan. 3	Jan. 4
			Pepperoni Pizza Green Beans Fresh Cucumber Coins, Cauliflower and Chilled Diced Pears and Banana	Meaty Spaghetti with Garlic Bread Stick Peas Tossed Salad, Green Pepper Strips, Chilled Peaches, Fresh Pears Freezie Friday
Jan. 7	Jan. 8	Jan. 9	Jan. 10	Jan. 11
Popcorn Chicken with WG Dinner Roll and Margarine Mashed Potatoes and Gravy Carrots, Chilled Applesauce, Fresh Orange Wedges	Meaty Nachos and Cheese Refried Beans, Salsa, Diced Tomatoes Corn Fresh Celery Sticks, Cauliflower, Fresh Apple Crunchers and Mixed Fruit	Cheeseburger Tater Tots Fresh Broccoli, Red Pepper Strips, Fresh Grapes and Chilled Pineapple	Tomato Soup with Half Toasted Cheese Sandwich and Carrot Coins Fresh Cucumber Coins, Cauliflower and Chilled Diced Pears and Banana	Cheese Pizza Peas Tossed Salad, Green Pepper Strips, Chilled Peaches and Fresh Pears
Jan. 14	Jan. 15	Jan. 16	Jan. 17	Jan. 18
French Toast with Syrup, Sausage Patties, Hash Brown, Baked Cinnamon Apple Slices Carrots, Chilled Applesauce, Fresh Orange Wedges	Meaty Nachos and Cheese Refried Beans, Salsa, Diced Tomatoes Corn Fresh Celery Sticks, Cauliflower, Fresh Apple Crunchers and Mixed Fruit	Macaroni and Cheese with Soft Warm Pretzel Peas Fresh Broccoli, Red Pepper Strips, Fresh Grapes and Chilled Pineapple	Bosco Sticks Oven FF Fresh Cucumber Coins, Cauliflower and Chilled Diced Pears and Banana	Pepperoni Pizza Green Beans Tossed Salad, Green Pepper Strips, Chilled Peaches, Fresh Pears Freezie Friday
Daily Choice Options				
Monday	Tuesday	Wednesday	Thursday	Friday
Chicken and Cheese Quesadilla Peanut Butter and Jelly Sandwich w/String Cheese	Yogurt Parfait OR Peanut Butter and Jelly Sandwich w/String Cheese	Chef Salad OR Peanut Butter and Jelly Sandwich w/String Cheese	Yogurt Fun Lunch OR Peanut Butter and Jelly Sandwich w/String Cheese	Peanut Butter and Jelly Sandwich w/String Cheese

Questions or comments please call Nancy Jameson at 989-846-3686 or email njameson@standish-sterling.org
 You may view your student account on line at school website. From the home page click on the menu/banana button. Meal charge policy can also be viewed on the school website. MENU SUBJECT TO CHANGE
 USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER
 Find your FREE summer meals at SSC or other locations by visiting www.michigan.gov/meetupeatup