



WHAT'S ON THE MENU?

Sterling Elementary Breakfast Dec. 10, 2018 - Jan. 18, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
Dec. 10	Dec. 11	Dec. 12	Dec. 13	Dec. 14
Assorted Muffins String Cheese 100% Fruit Juice Additional Options 1% White Milk Fresh Fruit	Apple Frudel 100% Fruit Juice Additional Options 1% White Milk Fresh Fruit	Poptart Yogurt 100% Fruit Juice Additional Options 1% White Milk Fresh Fruit	Pancakes 100% Fruit Juice Additional Options 1% White Milk Fresh Fruit	Benefit Bar 100% Fruit Juice Additional Options 1% White Milk Fresh Fruit
Dec. 17	Dec. 18	Dec. 19	Dec. 20	Dec. 21
Cereal Bar String Cheese 100% Fruit Juice Additional Options 1% White Milk Fresh Fruit	Waffles 100% Fruit Juice Additional Options 1% White Milk Fresh Fruit	Assorted Cereal Yogurt 100% Fruit Juice Additional Options 1% White Milk Fresh Fruit	Cinn Mini 100% Fruit Juice Additional Options 1% White Milk Fresh Fruit	Double Chocolate Chip Bar 100% Fruit Juice Additional Options 1% White Milk Fresh Fruit
Dec. 31.	HAPPY NEW YEAR	Jan. 2	Jan. 3	Jan. 4
			Pancake wrap on a stick 100% Fruit Juice Additional Options 1% White Milk Fresh Fruit	Fresh Baked Cinnamon Rolls 100% Fruit Juice Additional Options 1% White Milk Fresh Fruit
Jan. 7	Jan. 8	Jan. 9	Jan. 10	Jan. 11
Cereal Bar String Cheese 100% Fruit Juice Additional Options 1% White Milk Fresh Fruit	Waffles 100% Fruit Juice Additional Options 1% White Milk Fresh Fruit	Poptart Yogurt 100% Fruit Juice Additional Options 1% White Milk Fresh Fruit	Cinn Mini 100% Fruit Juice Additional Options 1% White Milk Fresh Fruit	Benefit Bar 100% Fruit Juice Additional Options 1% White Milk Fresh Fruit
Jan. 14	Jan. 15	Jan. 16	Jan. 17	Jan. 18
Assorted Muffins String Cheese 100% Fruit Juice Additional Options 1% White Milk Fresh Fruit	Cherry Frudel 100% Fruit Juice Additional Options 1% White Milk Fresh Fruit	Assorted Cereal Yogurt 100% Fruit Juice Additional Options 1% White Milk Fresh Fruit	Pancakes 100% Fruit Juice Additional Options 1% White Milk Fresh Fruit	Double Chocolate Chip Bar 100% Fruit Juice Additional Options 1% White Milk Fresh Fruit

A student breakfast includes a protein and/or a grain, a juice and an optional serving of 1% White milk and fresh fruit.

MENU SUBJECT TO CHANGE